



# BIKE BITS

NEWSLETTER OF THE

## NORTH SHORE CYCLISTS

Issue 0611

[www.nscyc.org](http://www.nscyc.org)

November 2006

### PRESIDENT'S REMARKS

Well, the road riding season has officially come to a close here at the NSC as the last ride was last Sunday, and the mountain biking season has taken its place. It was ironic that Mike Habich's ride went through Harold Parker where NEMBA's Wicked Ride of The East MTB ride was held, which several of us NSC members participated in. Many, including me, look forward to the fall and mountain biking. I'm not sure what it is, but I just love being in the woods. It's a compilation of the sights, sounds and smells, which are completely different than that of the road. When road riding the sights are usually limited to the lycra-filled body parts of the person in front of you, other people's homes, eye candy along the coast or traffic patterns. In the woods it's the rocks, roots, trees, streams and precipices. However, in the woods you tend to stop frequently, and as long as the folks with you aren't competing with the fighter jets overhead, you can oftentimes hear...nothing. I remember vividly a solo ride last year in Willowdale during a light snow. I stopped and all I could hear was the tinkling of the snow hitting the dried oak leaves remaining on the trees. No cars; no kids; no wind; no extraneous noise; no "CAR BACK!"; nothing. It was wonderful and I savored that moment for nearly 10 minutes. If you've never tried mountain biking, try it; you might like it.

*Howard*

### FALL MEETING

The fall meeting was held Thursday, October 26<sup>th</sup> and we now have new club officials effective January 1, 2007:

President - Jim White

Vice-President - Paula Bossone

Treasurer - Nancy Cole

Clerk - Jay Batson

Secretary - Ann Pernice

Please join me in welcoming them "a Board"!

### FALL BANQUET

LAST CHANCE!!! The banquet is THIS Saturday and will be held at the Lyceum Restaurant, 43 Church Street in Salem, MA from 6:30 pm until 10:30 pm. The cost of the evening which includes appetizers, dinner, dancing, and dessert is \$25 per person (cash bar). In addition, we will have a new DJ this year so remember to bring your dancing shoes! (The club generously subsidizes the remainder of the cost of the evening). We have a limit of 100, so please contact Paula if haven't already:

Paula Bossone

52 Prospect St

Topsfield MA 01983

[paulajbossone@comcast.net](mailto:paulajbossone@comcast.net)

### WHAT'S INSIDE

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### WHO'S WHO

President - Howard Wack (978) 887-6338

Vice-President - Paula Bossone (978) 887-0688

Treasurer - Nancy Cole (781) 899-7187

Clerk - Pam Houck (978) 388-2986

Secretary - Jim White (978) 689-9847

Ride Coordinator - Eric Shaktman (978) 948-7156

Membership - Emmett Halpin (781) 246-5268

Web Master - Mike Habich (978) 664-0187

## UPCOMING MTB RIDES

**Most rides are geared for the intermediate rider. Advanced riders are welcome to group together and ride more technical terrain. Beginner riders or riders not sure of their ability should contact ride leader before the ride.**

### **Saturday, November 4<sup>th</sup> Marblehead Ride**

**Rain Date Saturday November 11**

**Who:** Michael Salerno [Mike\\_in\\_salem@yahoo.com](mailto:Mike_in_salem@yahoo.com)

**Where:** Saturday morning beginner Mountain Bike ride in Marblehead.

**When:** 9:30 meeting time, 10:00 sharp ride time.

**What:** Commuter rail access is available. This 15 - 20 mile MTB ride is a flat and easy ride for the beginner mountain biker. Being in good road riding condition is important since this ride... though a beginner LEVEL ride, this distance is too long for a non cyclist. Please ask questions if you're not sure about your ability.

Starting in Salem Center, we hit the rail trail of Marblehead. Flat and speedy dirt trails with an few short optional hill climbs for the beginner MTBer. Lots of scenic views of the coastline. Wait for all, frequent stops. This ride will also include the 5 mile loop around Marblehead neck, a popular bike route, and a bit of Old-Town Marblehead. Road riding is about 10 miles total.

You must contact me in advance for the ride meeting location if you want to attend. This is a follow the leader ride, no cue sheets or route maps are available. Space is limited to 12 riders. Please allow 3 hours for this ride. Please no one under 18, since we are road riding some of this route.

### **Sunday, November 5<sup>th</sup> Harold Parker State Forest**

**Who:** Bob Moccaldi (978) 474-4093 Dave Smith (978) 887-6511 [bikedave@juno.com](mailto:bikedave@juno.com)

**Where:** Harold Parker State Forest Andover/N Andover/N Reading MA

**Directions:** Route 93 exit 41 (for Route 125 North). Take a right at the 3rd set of lights (State Police Barracks are on the right). Bear left into HPSF on Harold Parker road and park in the dirt lot 300 yards down on left.

**When:** 10:00 AM

**What:** Plenty of fire roads, single track and some pavement for all levels surrounding many roads that are part of our road riding season.

### **Sunday, November 12<sup>th</sup> Great Brook Farm Carlisle, MA**

**Who:** Lenny Sullivan (978) 689-2884 [ipsullivan@comcast.net](mailto:ipsullivan@comcast.net) Brian Cafferty [bmccafferty@comcast.net](mailto:bmccafferty@comcast.net)

**Directions:** Rt. 3N to Exit 29 (Rt. 129) East (left) 1 mile and take right onto Rangeway Rd. Straight across Nashua Rd. at stop sign. Take a right on to North Rd. Parking lot will be on your right. From Rt. 495, take Rt. 3S in Lowell. Exit 29 is the first exit off Rt. 3. Right onto 129, then as above.

**When:** 10:00 AM

**What:** Great Brook Farm has miles of trails through the woods, corn fields and single track for all skill levels. Maps available at park. Note there is a \$2 parking fee in effect if you don't have a current MA State Park parking sticker.

### **Sunday, November 19<sup>th</sup> Willowdale State Forest, Topsfield/Ipswich MA**

**Who:** Howard Wack (978) 273-1971 [h.w@verizon.net](mailto:h.w@verizon.net)

**Directions:** Parking lot at the intersection of Route 1 and East Street, Ipswich, MA; 2.4 miles north of Route 97 or 2.6 miles south of Route 133 at T&S Auto Service.

**When:** 9:30am arrival for a 10:00am **sharp** depart. Do not be late.

**What:** Exploratory surgery of whatever Willowdale has to offer. Let's get lost for about 10 miles!!! This will be an intermediate/faster ride but we'll be stopping periodically to catch our breath. No route but maps will be provided.

### **Friday, November 24<sup>th</sup> Turkey Burner Ride**

**What:** Visit <http://www.fomba.org/> for more details. It snowed last year; will it again this year???

### **Sunday November 26<sup>th</sup> To Be Determined**

**Who:** Howard Wack (978) 273-1971 [h.w@verizon.net](mailto:h.w@verizon.net)

**When:** 9:30am arrival for a 10:00am **sharp** depart. Do not be late.