



The North Shore Cyclists Newsletter

Visit the NSC website at: www.astseals.com/nsc

To subscribe to the North Shore Cyclists E-mailing list, send a blank message to: nsc-subscribe@topica.

October 2001

*We offer our deepest
condolences to the victims
of the Sept. 11 terrorist
attacks, and our greatest
praise to the heroes.*

End of the Road 2001

October Meeting

The NSC Fall election meeting will be held Friday, October 19, at 7:00 p.m. at Jake's Bar and Grill in Danvers. Come to see your buds, voice your opinion, or throw the bums out. We will be holding elections for our 5 board level positions, discussing other business as required, trading stories about the soon-to-be-departed 2001 road season, and sharing hopes for the upcoming 2001/2002 MTB season.

Directions: From Rte. 1 South: entrance is off Rte. 1, just past Home Depot.

From Rte. 114W: enter through the Home Depot parking lot and follow the signs for Jake's.

From Rte. 128: Follow to Rte. 1 to rte. 114W and enter through the Home Depot lot.

Membership Directory Now Ready

Most of the club membership has checked off a little box on the membership form for "Membership Directory". We now have the technical ability to actually create this document.

Everybody who has chosen to participate will have contact information— phone numbers and e-mail— placed in the directory. We will mail this directory to all the participants. This is intended to allow members to contact other members to arrange for a ride, to continue a discussion started on a ride, for car pooling, and for similar purposes. The mailing addresses will not appear in the directory.

Since the data is "mined" from our membership list, this is a benefit limited to actual club members. To get on the list, you must join the NSC.

We plan to publish the first one at the end of October for the MTB season. We will publish it again, probably in March, for the road season.

If you don't want to appear in the directory but may have checked the box, or you want to be there but may not have checked the box, contact Emmett and verify your status.

Regards,

Ed Bolton
President, North Shore Cyclists

Officers and Coordinators

President:

Ed Bolton (603)382.6989 ebolton@ttlc.net

Vice-President:

Marie Doyle (978)777-4455 marie.doyle@verizon.net

Treasurer:

Pam Houck (978)388-2986 masstriathelete@earthlink.net

Secretary:

Kathy Ahern (978) 363-1893 kathy_ahern@affymetrix.com

Clerk:

Emmett Halpin (781)246-5268 emmetthalpin@mediaone.net

Ride Coordinator:

Eric Shaktman (603)580-1010 ericnsc@mediaone.net

Mtn Biking Coordinators:

Lenny Sullivan (978)689-2884 Lsulli7079@aol.com

Francesca Lewis fjlewis@thepersonaltrainer.net

Century Coordinators:

Tony Salerno (978)352-2524 litespd1@aol.com

Bob Williamson (978)887-3855

Newsletter Editor:

Nora Colliton (603)425-6848 nccolliton@yahoo.com

Newsletter Coordinator:

Tony Salerno (978)352-2524 litespd1@aol.com

Advertising:

(call to help out)

Public Relations:

(call to help out)

Mileage:

Joe Lewis (617)472-4868

Membership:

Emmett Halpin (781)246-5268 emmetthalpin@mediaone.net

Web Master:

Mike Habich mhabich@astseals.com

Clothing Coordinator:

Eric Shaktman (603)580-1010 ericnsc@mediaone.net

Annual Banquet News

The annual NSC banquet will once again be held at the Lyceum Restaurant, 43 Church Street, Salem, Massachusetts on Saturday, Nov. 3, 2001 from 6:00 PM till 10:00 PM. Cocktails (cash bar) and hors d'oeuvres will be served from 6:00 PM until 7:00 PM. Buffet dinner will follow. A DJ will provide music for the dancers in the crowd.

The cost for this superb evening will be \$15. Please mail checks to Paula Bossone, 52 Prospect Street, Topsfield, MA 01983. Make checks payable to "North Shore Cyclists".

The limit for attendees will be 100; please send your checks in early to reserve space. The banquet has been very well attended in the past as the Lyceum has consistently provided us with a quality evening. Call Paula at 978-887-0688 or email gregio@aol.com with any questions.

-Paula Bossone

New Members

The NSC welcomes:

Jerry Morin - Salem

Charles Wear III - Amesbury

Joe Castorina - York, ME

Thor Kirleis - N. Reading

Bob Clay & Family - Reading

David & Mary West - Wakefield

November Newsletter:
Deadline is 10/14/01
Mail date 10/31/01

Contributions after the deadline may not make it!

Send to Ed Bolton
ebolton@ttlc.net
41 Maple Ave.
Newton NH 03858

Download Your Newsletter

Get it earlier, make less stapling and mailing for your friends, and print out as many copies as you want. From time to time there may be extra content in it as well. Let Emmett know you are downloading, then subscribe to the E-mail list. A notice goes out when it's ready and you can download it any time.

Membership News

Hey kids, on behalf of Steve Winslow and myself, I would like to thank all of the great riders who came to the Thursday evening "cookie" NSC & B2C ride. From May 3rd to August 30 we had 18 weeks of terrific riding (as long as you do not count the washout on July 12). I think the Thursday evening ride highlights the range of riders that both Bike to the Sea and the North Shore Cyclists have as members. There are three groups; 1/ Bill Stephen and his fast riders, 2/ Peter McCann and his mid riders, 3/ Emmett Halpin and Steve Winslow with the rest of the riders. We all seem to end the ride at nearly the same time and everybody gets cookies! Next year, there may be an option for *sushi* !

Everybody made it on the video, too, so do not miss the "final affair" at the Lyceum in November. **YOU too**, could make that video, all ya' gotta' do is dance!!! **North Shore Cyclists**, fun for all, and all for fun!

Ride safely, Emmett

-Emmett Halpin

Cycle for Haylee

I would like to remind all those big-hearted North Shore Cyclists out there about the 4th Annual Cycle for Haylee, scheduled to take place on October 6th. The CFH is a 25-mile, family-oriented bike tour of the metrowest towns of Holliston, Sherborn, Medway, Millis, Medfield, Dover, and Natick. This is my fourth year organizing the event and we have a lot of fun while raising a lot of money. In our first three years, we have raised over \$40,000 for the Cystic Fibrosis Foundation. Over 90% of the funds we raise goes directly to fund research to find a cure for CF.

As part of the ride, we provide breakfast prior to the start, a bike mechanic from Landry's Bicycles for simple repairs, rider support along the route, a rest-stop at the half-way point, and full barbecue meal at the finish line. Last year we had 75 riders, ranging from 12-year olds to senior citizens. Our goal this year is to have 100 riders or more.

The details are as follows:

Who: All levels of riders
What: The 4th Annual Cycle for Haylee Bicycle Tour
When: October 6th, 2001 (check-in 9am; ride starts 10am)
Where: Start/Finish in Holliston, MA
Why: To benefit the Cystic Fibrosis Foundation and have a fun day of riding
How: Contact the Cystic Fibrosis Foundation for more details (800) 966-0444 or e-mail cycleforhaylee@prodigy.net

Come on "down south" and join us for a fun and rewarding day! Thanks for your interest in the Cycle for Haylee and I hope to see you on October 6th!

-Matt Varrell
Volunteer Event Chairperson



Thanks

I want to personally thank all the volunteers for helping out at the Century. I receive the compliments for a good century, only because I have great volunteers like you. We fell short of our 300 rider goal, just 282, but we had a huge success with the weather, and happy cyclists. And sorry for passing out the wrong cue sheets on Saturday.

I would also like to thank the members who rode the Century. I hope next year we could see more members join us for a fun weekend. More on the century in a future newsletter.

-Tony Salerno

In The Woods- The NSC Mountain Bike Schedule

Mt. Bike ride coordinators:

Lenny Sullivan (978) 689-2884 Lsulli7079@aol.com
Francesca Lewis (413) 565-4311 fjlewis@thepersonaltrainer.net

We return to the woods in November. Here's some preliminary info.

Sunday November 4 Lynn Woods, Lynn, MA

Who: Rick Zagdangross (781) 596-2294 mebike2@aol.com
Chuck Hale (781) 595-8274 chale8274@aol.com
When: 10:00am

How to get there: NEW START LOCATION. From Rt 1 take Rt. 129 east towards Lynn. At rotary continue on 129 east pass Atlantic Care Medical Center. Look for sign on right that says Lynn Woods Reservation. At sign take right onto Great Woods Road. Follow straight through stone pillars into parking lot.

What to expect: Rick will lead the advanced riders and pads recommended. Chuck will lead intermediate riders. Ride fire roads, single track and visit the stone and steel towers (nice views of Boston and points north of Lynn), can stop by the wolf pits.. Pasta meal at Chuck's house after the ride.

Sunday November 11 Great Brook Farm Carlisle, MA

Lenny Sullivan \ Jim Sullivan

Sunday November 18 Lowell-Tyngsboro-Dracut State Park Lowell, MA

Mark & Amanda Davis

Sunday November 25 Georgetown/Rowley State Forest Georgetown, MA

Dan Streeter.

Merlin/NEMBA Trail Maintenance Series

Merlin and the Massachusetts Chapters of NEMBA are joining forces to save the trails! Come work the trails and get entered to win a Merlin Mountain frame! Come to three or more events and you'll be entered to win Merlin's new Fat Beat full suspension frame! You can check these bikes out at <http://www.merlinbike.com>. The Merlin Series encompasses all of Massachusetts NEMBA chapters as well as Rhode Island NEMBA!

Oct 6 Great Brook Farm SP 781-275-1861
colleen_haggerty@millipore.com

Oct 20 Lynn Woods 978-251-0105
azombiewoof@email.msn.com

Nov 3 Great Brook Farm SP 781-275-1861
colleen_haggerty@millipore.com

Sundays on the Road

October 7 Apple Harvest Ride

Who: Ed Bolton 603-382-6989

Where: Crossroads Plaza, Salisbury, MA.

When: 9:00 for 60 miles, 10:00 for 30 miles.

How to get there: From Rte. 95 take Exit 58 and go east on Rte. 110. Crossroads Plaza is on the right after the lights, across the street from the Chrysler dealer and diagonal from the boat dealer.

What to expect: Ride to Applecrest Farm Orchards in Hampton Falls, NH for the Applecrest Harvest Festival. What could be a better motivator than a rest stop with apple pie and ice cream, apple cider, cider donuts and more. The short loop is an easy rolling 30 miles, the long loop is a rolling to hilly 60 miles. Arrows and cue sheets.

October 14

Who: Jeff Turpel 978-774-3854 Jack Ferguson 978-683-2900

Where: Haverhill High School

When: 9:30 for 35 and 60 mile rides

How to get there: From Rte. 495 north, take exit 50. At end of ramp go straight across Broadway onto Monument St., then go straight through 4-way stop, H.H.S. is on the right. From Rt. 495 south, take exit 50. At end of ramp take a left onto Broadway, then take next left onto Monument St., then go straight through 4-way stop, H.H.S. is on the right.

What to expect: A scenic N.H. ride. Quiet roads, rolling terrain & moderately hilly - do your homework! Arrows, maps and cue sheets

October 21 The Hunt for Roads Unridden

Who: Frank Roberts 978-828-2925 Phoebe Johnson 978-921-2044

Where: Hamilton/Wenham H.S.

When: 9:00 for 50 miles, 10:00 for 35 miles

How to get there: From rte 128, take exit 20 N. Follow Rte 1A north for 5 miles, the High School is on the right.

What to expect: New roads in our own back yard? How? you may ask. You'll have to

attend to find out, but here are some clues and suggestions. 1) Prepare for dirt. There are two stretches of dirt road, each under a half mile. 2) Be ready to stop and start. You'll be able to work up a sweat and get in some good climbs, but the average speed will likely disappoint at day's end. 3) Keep an open mind. The reward for deviating from the normal Sunday ride is new sights, sounds, and even smells. Arrows and cue sheets. Cookout to follow at Phoebe's in Beverly Farms.

October 28 Cowpies and Leafpiles

Who: Mike Habich (978-664-0187) mhabich@astseals.com

Where: Ipswich River Park, North Reading

When: 10:00 for 40-50 miles or 25 miles

How to get there: The park is in North Reading center on Central St between Chestnut St and Rt. 62. From Rt. 128, take exit 40, follow Haverhill St 3 miles north,

left on Chestnut St, 1/2 mile to park. From Rt. 62, Central St is 1/2 mile west of Haverhill St/Batchelder School.

What to expect: Through Harold Parker State Forest, Middleton, Boxford, North Andover by a somewhat familiar route with no new twists and the same old cows. Cookies and cider (hot cocoa and soup if it's one of those days) at Mike and Betsy's after the ride.

SPECIAL SPECIAL SPECIAL SPECIAL

October 19 7:00 PM NSC Fall Meeting at Jakes

See page 1 for details

October 24 Wednesday Night Celebration

We will have our third annual end of Wednesday riding dinner on October 24th. It is for anyone wishing to attend not just Wednesday night riders. It will be at the Majestic Dragon on Rte. 1 in Ipswich at 7:00 PM. Directions are Rte 1 N .25 miles from the lights at Linebrook Rd. or Rte. 1 S 1 mile from Rte. 133. Please reply either by e-mail or phone if you wish to attend. 978-948-7156, ericnsc@mediaone.net.

Thanx,
Eric

Other Trails

October 28, Sunday: Wicked Ride of the East!

Harold Parker State Forest, Andover MA
North Shore NEMBA Funride
Part of the EFTA/NEMBA Funride Series Location: Harold Parker State Forest North Andover, Ma Sign in: 9:00 am to 10:00 am. Ride leaves @ 10:30 Fee: \$3.00 NEMBA/EFTA members or \$6.00 non-members Contact: Jessica Slate 978-921-4355 jmslate@mediaone.net
Dan Streeter 978-618-8596 dwstr@shore.net

The ride start is at the Berry Pond Recreation Area off Middleton Rd. There will be arrowed loops both east and west of the start location. The western loop of about 10 miles will offer some great singletrack and more advanced terrain around Bear and Brackett Ponds. The eastern loop of about eight miles will be a bit less demanding but still take in all the best trails in this section of the woods. A route will also be arrowed in this area that is mostly doubletrack for novice riders. A picnic shelter will make a nice place to hang out or rest up during the day, especially if the weather is less than perfect. Sponsored by the North Shore Chapter of the New England Mountain Bike Association to benefit Trail Maintenance activities at Harold Parker and other area parks. Driving directions: From 495 - S on 114 about 5.5mi., right on Harold Parker Road, right on Middleton Rd., 1/2 mi. to Berry Pond gate on left. From 95 - N on 114 about 6.5 mi., left on Harold Parker Rd., right on Middleton Rd. to Berry Pond. From the south on 93 - E on 125 about 5.4mi., right on Salem St. (just before gas station), straight at stop sign to Berry Pond gate on right. Berry Pond is .9mi. NE of Forest Headquarters on Salem St/Middleton Rd. From the North on 93 - take 495 north to 114, then as above. Look for EFTA/NEMBA yellow arrows.

November 23, Friday: The 2001 FOMBA "Turkey Burner" FunrideMerlin/NEMBA Trail Maintenance Series

Merlin and the Massachusetts Chapters of NEMBA are joining forces to save the trails! Come work the trails and get entered to win a Merlin Mountain frame! Come to three or more events and you'll be entered to win Merlin's new Fat Beat full suspension frame! You can check these bikes out at <http://www.merlinbike.com>. The Merlin Series encompasses all of Massachusetts NEMBA chapters as well as Rhode Island NEMBA!

The Turkey Burner Mountain Bike Fun Ride is held the day after Thanksgiving in Manchester, NH. A mountain bike fun ride is designed to give all levels of riders a great day out. Each ride consists of a single loop, two separate loops, or a single loop with optional hero sections. The EFTA Fun Ride Series consists of ten to twenty non-competitive mountain bike rides throughout New England. The Turkey Burner benefits The Auburn, NH Volunteer Rescue Squad. This is the last ride in the Fun Ride Series. Burn some Turkey and sample some of southern NH's best Mountain Biking. Check out the new "FOMBA singletrack" that has everyone buzzing!
Check out the FOMBA web page at <http://www.fomba.com>
For more info, contact Jack or Barbara by phone at (603) 483-2951 or email jack@fomba.com.

Friday, November 23, 2001
Registration: 8:15-9:30
Ride starts at 10:00am, snow or shine!

EFTA or NEMBA members \$3.00. Non-Members \$6.00.

Weekly Ride Schedule

These rides happen every week subject to weather. Call a ride leader if uncertain.

Saturday

Masconomet Regional High School, Boxford. In September, the Saturday crew goes on holiday to ride centuries. Rides resume October 8 at 9:00 AM. They will start at 9:00 till further notice Leaders: Mike Habich (978) 664-0187 mhabich@astseals.com and Jeff Turpel (978) 774-3854 jturpel@star.net.

We'll ride about 40-50 miles at average 17-19 mph--conversational pace, but with a bit of speedplay when the pavement's just too smooth to resist. We might visit the llamas, go out to Ipswich neck for the view, or cruise along the Manchester-Beverly coast--wherever the sun shines and the wind is at our back. Maybe a quick stop for water, but otherwise we'll just pause to regroup. We'll be back at Masco by noon or so. Maps? Yup, you might want to bring one. Cue sheets? Arrows? Nope. Directions to Masco: From Route 95 take Exit 51 (Endicott St) east towards Topsfield. The school is 1/4 mile on right. The ride leaves from the parking lot (at the far end from I-95).

Monday

Topsfield Plaza, Topsfield. 6:00 PM. Start time changes to 5:00 PM September 24. Last Ride is Oct. 15. Leader: Dianalyn Sirota 978-255-1774 kidkoop@aol.com & Paula Bossone Gregio PaulaBossone@aol.com
Beginner, intermediate, 14 and 20 mile loops. Average speeds around 15--a social paced ride. Focus is on having a good time. New members encouraged to attend.

Directions: From Rte 95 N, take Exit 50 to Route 1 North. In Topsfield, turn left onto Rte 97 North. At Topsfield Center, go left (Rte 97 continues right). Topsfield Plaza lot is a block ahead on the right...we park at the far end of the lot.

Tuesday

Batchelder School, North Reading. 5:30 PM. Start time changes to 5:00 PM September 25. Last Ride Oct. 23. Leaders: Lori Balboni 978-685-1859, and Jimmy White 978-689-9847 jdwhite@mathbox.com (thru the summer). Rolling hills. Arrowed, map. Ride lengths 15 & 25 miles. Average speeds 14-18. Note: If you show up early, don't confuse this with the CCB ride leaving from the same location...you might get more than you bargained for! Directions: From Rte 128 take Exit 40. Follow Haverhill Street 3.5 miles north to North Reading center. Cross Rte 62. Parking lot is ahead on the left, across from the gazebo.

Wednesday

Topsfield Plaza, Topsfield. 6:00 PM. Start time changes to 5:00 PM September 18. Last ride Oct. 24. Leaders: Eric Shaktman (603) 580-1010 ericnsc@netway.com & Marie Doyle (978) 777-4455. Average pace for these 18-35 mile rides ranges from 15-21 mph; multiple groups, including a tandem paceline! Length depends on daylight. An alternate shorter route is available each week. Cue sheet and map. Mix of flat, rolling, and hilly terrain. Routes vary from week to week. Bring \$\$\$ for pizza after ride. Directions: From Rte 95 N, take Exit 50 to Route 1 North. In Topsfield, turn left onto Rte 97 North. At Topsfield Center, go left (Rte 97 continues right). Topsfield Plaza lot is a block ahead on the right...we park at the far end of the lot.

Thursday

LAST THURSDAY RIDE FOR 2001 WAS AUGUST 30.
See you next year!

NSC APPLICATION FORM

Membership in the North Shore Cyclists(NSC) includes the monthly newsletter, club meeting events, bike shop discounts and a number of other social activities. The NSC is affiliated with the League of American Bicyclists.

Dues (Payable to North Shore Cyclists): Individual \$15 Family \$20 Supporting \$35 Patron \$75

Name: _____ Phone: _____

Optional: E-mail _____ Occupation: _____

Address: _____ City: _____ State _____ Zip _____

Include in Membership directory (circle): Yes No

Release Form

Notice: The Release Form Is A Contract With Legal Consequences.

Please Read It Carefully Before Signing.

In consideration of being permitted to participate in any way in North Shore Cyclists ("Club") sponsored Bicycling Activities("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards or traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. Fully understand that (a) Bicycling Activities invoke risks and dangers of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and Dangers may be caused by my own actions, or inaction's, the actions or inaction's of others participating in the Activity, the condition in which the activity takes place, or the negligence of the "release's" named below; (c) There may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Activity.
3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the club, the LAB, their respective administrators, directors, agents, and employees other participants, any sponsors, advertisers, and, if applicable, owners and leases of premises on which the Activity takes place, (each consideration one of the "release's" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "release's" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurances of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by LAW and agree that if any portion of this agreement is held to be invalid the balance notwithstanding, shall continue in full force and effect.

Signature: _____ Date: _____ Printed Name: _____

Parent/Guardian (if rider is under 18): _____ Please circle: New Member Renewal Address Change

Please Circle: I can help with: Rides Newsletter Special Events Publicity Map Making
Other _____

Please Circle: Interest: Mountain Biking Road Biking Both Road and Mountain Newsletter Format: Paper Electronic

Mail to: NSC c/o Emmett Halpin, 541 Lowell St., Wakefield MA 01880. If possible mail this whole page to Emmett.

The North Shore Cyclists strongly recommends that all riders wear helmets, obey the rules of the road, keep their bikes in good working order and ride defensively.

North Shore Cyclists
c/o Emmett Halpin
541 Lowell Street
Wakefield, MA 01880

Extra E-Newsletter Page

Here's what we've been up to lately...



Howard Wack and Tony Salerno at the Blazing Saddles Century. Photo by Jimmy White



Dinner at Marie's before the White Mountain Century. Clockwise from the head of the table: Miles Light, Kathy Ahern, Phoebe Johnson, Ed Bolton, Jack Ferguson, Marie Doyle, Dennis Ryan, Mike Habich, Ken Jayne, Frank Roberts (not visible), Lenny Sullivan (not visible), Jim Danis, Dona Ventura, and Tony Salerno. Photo by Elaine Doyle.

Some Member Links

<http://thepersonaltrainer.com/fjlewis>

<http://www.pamspillowartetc.com>

<http://members.tlc.net/~ebolton>



A potential recruit gives us the thumbs up. Photo by Ed Bolton.



He's smiling, but packing heat. A bike ranger at Acadia National Park.. Photo by Ed Bolton.



Sundays on the Road October 2001

The North Shore Cyclists

The North Shore Cyclists is an independent, recreational bike club that schedules road and mountain bike rides on the North Shore. All rides are open to the public. Join on a ride and then join the NSC. Membership info is available where this flyer can be found, or just show up on one of our rides.

October 7 Apple Harvest Ride

Who: Ed Bolton 603-382-6989 Where: Crossroads Plaza, Salisbury, MA.

When: 9:00 for 60 miles, 10:00 for 30 miles.

How to get there: From Rte. 95 take Exit 58 and go east on Rte. 110. Crossroads Plaza is on the right after the lights, across the street from the Chrysler dealer and diagonal from the boat dealer.

What to expect: Ride to Applecrest Farm Orchards in Hampton Falls, NH for the Applecrest Harvest Festival.

What could be a better motivator than a rest stop with apple pie and ice cream, apple cider, cider donuts and more. The short loop is an easy rolling 30 miles, the long loop is a rolling to hilly 60 miles. Arrows and cue sheets.

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Batchelder School, North Reading. 6:00 PM. Start time changes to 5:00 PM September 25. Last Ride Oct. 23. Leaders: Lori Balboni 978-685-1859, and Jimmy White 978-689-9847 jdwhite@mathbox.com (thru the summer). Rolling hills. Arrowed, map. Ride lengths 15 & 25 miles. Average speeds 14-18. Note: If you show up early, don't confuse this with the CCB ride leaving from the same location...you might get more than you bargained for! Directions: From Rte 128 take Exit 40. Follow Haverhill Street 3.5 miles north to North Reading center. Cross Rte 62. Parking lot is ahead on the left, across from the gazebo.

Wednesday

Topsfield Plaza, Topsfield. 6:00 PM. Start time changes to 5:00 PM September 18. Last ride Oct. 24. Leaders: Eric Shaktman (603) 580-1010 ericnsc@netway.com & Marie Doyle (978) 777-4455. Average pace for these 18-35 mile rides ranges from 15-21 mph; multiple groups, including a tandem paeline! Length depends on daylight. An alternate shorter route is available each week. Cue sheet and map. Mix of flat, rolling, and hilly terrain. Routes vary from week to week. Bring \$\$\$ for

The North Shore Cyclists is an independent, recreational bike club that schedules road and mountain bike rides on the North Shore. All rides are open to the public. Join on a ride and then join the NSC. Membership info is available where this flyer can be found, or just show up on one of our rides.

pizza after ride. Directions: From Rte 95 N, take Exit 50 to Route 1 North. In Topsfield, turn left onto Rte 97 North. At Topsfield Center, go left (Rte 97 continues right). Topsfield Plaza lot is a block ahead on the right...we park at the far end of the lot.

Thursday

LAST THURSDAY RIDE FOR 2001 WAS AUGUST 30.
See you next year!

In The Woods- The NSC Mountain Bike Schedule

Mt. Bike ride coordinators:

Lenny Sullivan (978) 689-2884 lsulli7079@aol.com
Francesca Lewis (413) 565-4311 fjlewis@thepersonaltrainer.net

We return to the woods in November. Here's some preliminary info.

Sunday November 4 Lynn Woods Lynn, MA

Who: Rick Zagdangross (781) 596-2294 mebike2@aol.com
Chuck Hale (781) 595-8274 chale8274@aol.com
When: 10:00am

How to get there: NEW START LOCATION. From Rt 1 take Rt. 129 east towards Lynn. At rotary continue on 129 east pass Atlantic Care Medical Center. Look for sign on right that says Lynn Woods Reservation. At sign take right onto Great Woods Road. Follow straight through stone pillars into parking lot.

What to expect: Rick will lead the advanced riders and pads recommended. Chuck will lead intermediate riders. Ride fire roads, single track and visit the stone and steel towers (nice views of Boston and points north of Lynn), can stop by the wolf pits.. Pasta meal at Chuck's house after the ride.

Sunday November 11 Great Brook Farm Carlisle, MA

Lenny Sullivan \ Jim Sullivan

Sunday November 18 Lowell-Tyngsboro-Dracut State Park Lowell, MA

Mark & Amanda Davis

Sunday November 25 Georgetown\Rowley State Forest Georgetown, MA

Dan Streeter.