



The North Shore Cyclists Newsletter

September 2000

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Sing a Mean Tune, Kid

"Burn the groove to death, kid...": Every year, turtles follow the same program encoded into their reptilian brains sometime around egg-hood. They will travel the same routes to lay eggs or get ready for hibernation or whatever they do year in and year out until their pond is drained and a building is built on the spot. For some years after that, they still try, perhaps spending a day or so nose-to-the building clueless as to why they cannot proceed. Bike riders are the same way, particularly in century season but really all year-round. We do the same rides year in, year out, until the ride leader moves to Oregon and joins a militia. Then, we look at the newsletter clueless about why the ride is not listed. I'm a turtle for TFCE. I do it every year even though there are more suitable rides for me on the same day. Maybe it is just because it passes within 1/4 mile of the house where I spent 13 years trying to grow up. Je ne sais quois. Now I heard a ride leader half complaining during the summer that their ride was "only" moderately attended despite great weather, and one a few weeks later was HUGE. In fact, the HUGE one has been in the schedule on the same weekend and aggressively promoted by word of mouth and in the newsletter for years. It has a lot of turtles. This was the first year for the new one so it had none. This particular ride was the best new ride I've seen this year so I'm sure it gained a few, but it takes a while for turtle compounding to kick in. So keep running it.

"Nail 'em to the cross yeah, yeah, yeah...": A couple of months ago I asked people to cut the NSC volunteers some slack. Basically, to turn the other

cheek and make the best of things even if our standards of perfection have not been completely attained. Now it is century season and NSC riders are riding many events hosted by other clubs. I'd like to remind you that these people are trying as hard as our people do, and we owe them the same level of respect.

"Everyone's got the blues yeah, yeah, yeah...": I got home from one of the Wednesday night rides in the summer while the full moon was shining bright. By the moonlight and the streetlight across the street I watched a small group of bats hunting insects. It's a sight we can see often at our house but not every night and not predictably. The bats can resolve an insect at a relative speed of 35 mph or better by echolocation. Another mammal, the dolphin, can use its sonar to differentiate a steel can from aluminum one over the length of an Olympic size pool. And my cats don't echolocate as far as we know, but they can maneuver around the clutter in our house at will at 3 AM. Makes me wonder why our human senses are so pathetic I can't detect glass on the road in broad daylight till I hear the air going out of my tires.

"Sing a mean tune kid...": I've got Jake's Bar and Grill booked for the NSC's elections meeting for the evening of Wednesday, October 18. More details will follow. If there's anything you want on the agenda, give me a call.

Ed Bolton
NSC President
603-382-6989
ebolton@ttlc.net

Kudos and Congratulations to the NSC members who volunteered their time and helped out with the NSC Blazing Saddles Century. This was the most successful Century yet! We all thank you!

Another Idea for a Saturday

The Nashoba Valley Pedalers Bicycle Club is having its annual "Fall Century Classic" on Saturday, September 9th, starting at the Wayland Pool parking lot, Route 126, Wayland, MA. The pool is 2 miles south of the junction of Routes 20 and 126.

Pre-registration (before Saturday, 2 Sept.) for non-members is \$12 and on-site registration is \$15, beginning at 7 a.m. In addition to the 100-mile ride, we are offering 25, 50 and 75-mile routes. For a registration application, please visit the NVP web site <http://www.ultranet.com/~nvp> or contact Vic LaChance via e-mail at viclac@juno.com or phone (978)263-1565.

Please check the weekly ride calendars carefully. Some rides have finished for the season and others may have changed times.

New Members

John Grant - Newburyport
Phoebe Johnson - Gloucester
Tony Laudadio - Peabody
Nancy and David Faul - Beverly
Alexandra Cruse - Marblehead
Daniel Tucker - Marblehead
Jeannot Morin - Lawrence
Ellyn Spencer - Haverhill
Bob White - Byfield

Welcome!

Looking for riders

--

For those NSC members living in Andover or North Andover areas who can't participate in weekly NSC rides (work, family commitments) and still want to ride with another NSC member in the early morning or after work, please contact Paul Cosenza at (978)794-3749. Thanks!

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Another View of the Summer

Does anyone out there think this summer stinks? I don't! There were very few hot, humid days; there were more dry sunny days in the eighties than I can remember; there have been no water bans in any of our communities. The one draw back to that is, I had to cut my lawn every week, sometimes every five days (I love the smell of dead grass on a late summer morning!). The rides for the club on Sunday have been great! Any partly cloudy or cloudy day is just fine with me. I also prefer a little drizzle on very hot days. I missed the August 13 ride, but it must have been beautiful. That is the kind of day I like to do long rides.

We are fast becoming a "web-driven" club. Most of

the new members, since June, have joined via the Internet. Part of that has to do with the lack of a member willing to do publicity in the print media. Is there anybody out there who would like to handle the job? Tony Salerno and I are also looking for the club members who want to get their newsletter via the web. It saves the club postage and printing costs. As a byproduct of this behavior, you could save a tree!

Don't forget! Anyone who joins the club after August 1 gets a membership until April 1, 2002.

Such a deal!

Ride safely,
Emmett

Other Local Rides

Sept. 9 -- *QUIET CORNER CYCLING CLASSIC* 12-, 26-, 50-, 100-miles, Davis Park, Route 12, Killingly, CT; benefits Camp Quinebaug for special needs children. Peter Deary (860)564-3238, sunnyside.farms@snet.net · **Sept. 9** -- *OCEANSIDE BIKE FEST* Bandshell on the Bluff, Onset; fund-raising for National MS Society (800)493-9255 <http://www.msnewengland.org>. · **Sept. 10** -- *MAINE FREEWHEELERS CENTURY* Bangor, ME, Harrison Clark, mhc3bgr@aol.com (207)942-7974 · **Sept. 10** -- *Nashoba Valley Pedalers 2000 Fall Century Classic* www.ultranet.com/~nvp · **Sept. 10** -- *THE FLATTEST CENTURY IN THE EAST* www.nbwclub.org · **Sept. 16** -- *NORTHEAST KINGDOM LAKES CENTURY* Barton, Vt. benefits Orleans County Citizen Advocacy, Joan Alexander (802)525-6212 · **Sept. 17** -- *SOUHEGAN RIVER TOUR* www.crw.org · **Sept. 17** -- *WHITE MOUNTAIN CENTURY*, Casco Bay Bicycle Club · **Sept. 17** -- *DON McCULLOCH MEMORIAL RIDE* Falmouth, MA, mac@cape.com, 13 Bell Rd., Bourne, MA 02532, (888)235-2300 or (508)759-3723. · **Sept. 17** -- *CONNECTICUT VALLEY CENTURY*, Sally Peters, (413)527-4877, sallybikes@aol.com · **Sept. 17** -- *TWO FERRY METRIC CENTURY* Cycling Concepts, Rocky Hill, CT, (860)563-6667 www.cyclingconcepts.com · **Sept. 17** -- *KENNEBUNKPORT TO WINNEPESAUKEE* Cape Able Bike Shop, Kennebunkport, ME, Peter Sargent (207)967-4382 · **Sept. 17** -- *TOUR DE BOSTON, THE RIDE FOR HUNGER*, Boston Common, to benefit Project Bread. Kelly Richards (617)239-2502, kelly_richards@projectbread.org · **Sept. 23** -- *INTERNATIONAL FALL CENTURY* Stowe Bike Club, Johnson State College, Johnson, VT, Bill Cannon (802)253-4368 janetbill@aol.com. · **Sept. 23** -- *FRYEBURG FROLIC CENTURY*, Casco Bay Bicycle Club, 100 miles, Westbrook High School, Spring Street, Westbrook, Maine; \$15, \$17 after Sept. 18. Contact: Maggie Guthrie, (207) 772-3860 · **Sept. 24-25** - *Granite State Wheelmen Tri-State Seacoast Century Weekend* www.geocities.com/Colosseum/Loge/9605 · **Sept. 24** *MAJOR TAYLOR CENTURY* by the Seven Hills Wheelmen - Bicycle 25, 62 or 100 miles on quiet, rolling back roads in central Massachusetts as the seasons change. All new routes this year! All rides leave from Sovittaja Finnish Society (Finn Park) on Demond Pond, Finn Park Road off Pleasantdale Road, Rutland, Mass. Seven Hills Wheelmen: <http://members.aol.com/shwworc/index.html> · **Oct. 1** -- *COVERED BRIDGE CENTURY* Swanzey Town Hall, West Swanzey, N.H., to benefit Slate Covered Bridge Fund. Penny Rogers (603) 352-6085 Rcrogers@monad.net · **Oct. 1** -- *CADILLAC MOUNTAIN CHALLENGE*, Maine Freewheelers, 25, 62 or 100 miles, Acadia National Park Visitors Center, Mount Desert Island, Maine; free. Contact: Tony and Anne Mourkas, mourkas@telplusnet, 171 Patterson Road, Hampden, ME 04444, (207)862-5990 · **Oct. 1** -- *TEC CENTURY* Groton Cyclery, Groton, CT, Pequot Cyclists, PequotCyclists@ctol.net, (860)376-2717, www.ctol.net/~knrf · **Oct. 7** -- *BIKE THE BERKSHIRES* Great Barrington, MA, fund-raiser for National MS Society, Nancy Dlugoenski (413)659-0036, nancy.dlugoenski@mam.nmss.org www.msnewengland.org · **Oct. 8** -- *GREAT RIVER RIDE*, Northeast Sport Cyclists, 25, 62 or 100 miles, Park Square, Westfield, MA, New Horizons, (413)562-5237. · **Oct. 9** -- *ROUNDQUABBIN*, 100 kilometers around Quabbin Reservoir. Details in The Ride, www.ridezine.com.

Sundays On the Road

September 10 *Show & Go*

Who: Anyone who wants to lead this ride please contact Eric 978-463-9632

Where: Centerville School, Beverly

When: 9:00 AM for distance to be determined by riders or ride leader

How to get there: Take Rt. 128 N to exit 18, left at end of ramp to Rt. 22N (toward Essex), follow approximately 1 mile, then right onto Hull Street at curve and 1st right into school parking lot.

September 17

Mak's Ride from the Park

Who: Bob Makowiecki (978-352-2407) bobmak@netway.com

Where: Maudslay State Park, Newburyport

When: 9:00 for 25 & 45 Miles

How to get there: From Rt. 95 take exit 57 and go east on Rt. 113. Two blocks from the highway turn left on Noble St. (just after the St. Mary's Cemetery Arch). At the end of Noble St. turn left. Go two blocks and veer left at the fork. Go 1.2 miles and turn left into the Maudslay parking lot.

What to expect: A nice cruise through southern New Hampshire. Cue sheets

September 24

Steve and Emmett's Excellent and Easy Ride

Who: Steve Zaya 781-245-3019 and Emmett Halpin 781-246-5268

Where: Ipswich River Park, North Reading

When: 9:30 am for both the 22 and 37 mile rides.

How to get there: The park is in North Reading Center on Central St. between Chestnut St. and Rt. 62. From Rt. 128, take exit 40, go around the rotary to Haverhill St. (Nat'l Guard Camp on the right). Follow Haverhill St., about 3 miles, turn left on Chestnut, 1/2 mile to right on Central St. and the park. From Rt. 62, Central St. is 1/2 mile

west of North Reading Center at the Haverhill St. crossing. Take a left onto Central and to the park.

What to expect: We want to show you some roads rarely traveled by the club. The ride will take you through N. Reading, Reading, Wakefield, Saugus, Lynnfield and N. Andover. Elements of the NSC Tuesday and Thursday evening rides are incorporated in this ride. Need I say, "Bring your appetite!"? Of course, "Dot on the Spot" will be there to make your sandwiches.

October 1

Heading North

Leader: Jeff Turpel (978-774-3854) and Jack Ferguson

Where: Haverhill High School

When: 9:30 am for 35 and 60 mile rides

How to get there: From Rte. 495 north, take exit 50. At end of ramp go straight across Broadway onto Monument St., then go straight through 4-way stop, H.H.S. is on the right. From Rt. 495 south, take exit 50. At end of ramp take a left onto Broadway, then take next left onto Monument St., then go straight through 4-way stop, H.H.S. is on the right.

What to expect: A scenic N.H. ride. Quiet roads, rolling terrain & moderately hilly - do your homework! Arrows, maps and cue sheets

Sunday Ride Coordinators: **Eric Shaktman** (603)394-0090, ericnsc@mediaone.net & **Bob Mackowiecki** (978)352-2407, bobmak@netway.com

Picnic rule-of-thumb: Please call the ride coordinator about a food to bring (salads, dessert, chips, etc.). If you cannot bring food, a \$5 donation is to be given to the cookout host. Lawn chairs are always welcome!

North Shore Cyclist Weekday Rides

Monday

Topsfield Plaza, Topsfield

Start Time: 6:30pm June-beg. August; 6:00pm after mid-August, then informally at 5 in late September.

Co-leaders: **Paula Bossone** 978-887-3855, gregio@aol.com & **Dianalyn Sirota** (978)686-5475, KidKoop@aol.com

Two groups -- Beginner & Intermediate -- tradition-

ally under 15 mph. Arrowed. This is a social-paced ride. Focus is on meeting new people and having a good time. New members encouraged to attend this ride.

Directions: From Rte 95N, take Exit 50 to Route 1 North. In Topsfield, turn left onto Rte 97 North. At Topsfield Center, go left (Rte 97 continues right). Topsfield Plaza lot is 1/4 mile on right.

Tuesday

Batchelder School, North Reading

Ride has ended for the season, but it may continue informally.

Intermediate. Rolling hills. Arrowed, map.

Ride lengths 15 & 25 miles. Average speeds 14-18.

Note: If you show up early, don't confuse this with the 6:00 ride leaving from the same location de-

scribed below...you might get more than you bargained for!

Directions: From Rte 128 take Exit 40. Follow Hav-erhill Street 3.5 miles north to North Reading center. Cross Rte 62. Parking lot is ahead on the left, across from the gazebo.

Wednesday

Topsfield Plaza, Topsfield.

Start Time: 6:30 p.m. - beginning August 23rd, 6:00p.m., then 5:00 beginning September 20th.

Co-leaders: **Eric Shaktman** 603-394-0090 ericnsc@mediaone.net & **Marie Doyle** 978-777-4455 mdoyle@phcs.com.

Intermediate w/cue sheet -- ride averages 15+ speeds. Mix of flat to rolling terrain. Lengths vary from 18-35

miles depending on daylight w/shorter options available.

Bring \$\$ for pizza following the ride.

Directions: From Rte 95N, take Exit 50 to Route 1 North. In Topsfield, turn left onto Rte 97 North. At Topsfield Center, go left (Rte 97 continues right). Topsfield Plaza lot is 1/4 mile on right.

Thursday

Wakefield Center

Start Time: 6:00 May & mid-August-Sept.; 6:30 June-August.

Co-leaders: **Emmett Halpin** 781-246-5268, ehalpin@email.msn.com and **Steve Winslow** 781-397-6893.

All riders welcome -- speeds average 10-13 mph. This is a leisurely, joint ride with Bike-to-Sea. The focus is on cycling in a group. Cue sheet.

Directions: Rte 128 to Exit 40. Follow Rte 129 (Wakefield) to the head of the lake. Or take Rte 1 to Walnut Street. Follow Rte 129 to Wakefield and the head of the lake. Meet at or near the gazebo.

Saturday

Masconomet Regional High School, Boxford

Start: 9:00 AM in April, 8:30 AM May through September, then 9:00 October through mid-November, 10:00 AM through the winter. (The ride takes a sabbatical during September ...we're off riding centuries! Call to be sure.)

Leaders: **Mike Habich** (978)664-0187 mhabich@astseals.com & **Jeff Turpel** (978)774-3854 jturpel@star.net

We'll ride about 40-50 miles at average 17-19 mph--conversational pace, but with a bit of speed play when the pavement's just too smooth to resist. We might

visit the llamas, go out to Ipswich neck for the view, or cruise along the Manchester-Beverly coast--wherever the sun shines and the wind is at our back. Maybe a quick stop for water, but otherwise we'll just pause to regroup. We'll be back at Masco by noon or so.

Maps? Yup, you might want to bring one. Cue sheets? Arrows? Nope.

Directions to Masco: From Route 95 take exit 51 (Endicott St) east towards Topsfield. The school is 1/4 mile on right. The ride leaves from the parking lot (at the far end from Rte 95).

